



**DR. BARBARA
WINTER**

LET'S TALK SEX

Dr. Barbara Winter Treats Intimacy Issues In A Safe And Nurturing Setting

Although 43 percent of women and 31 percent of men in America suffer from sexual dysfunction, it's not something people feel comfortable talking about. But Psychologist-Sexologist, Dr. Barbara Winter does.

In fact, she has been 'talking sex' for more than two decades.

A sex and love expert, Dr. Winter offers a safe, confidential environment where anyone—from teens to seniors—can freely communicate about their inability to experience sexual satisfaction due to factors including low desire, erectile dysfunction and premature or delayed ejaculation.

The culprits often are physiological/health problems and psychological barriers, including depression, performance anxiety, marital issues and sexual trauma.

"A big deal-breaker in a relationship is infidelity. The prevalence of sexual addiction and cybersex in today's world is a clear reflection of our absence of real intimacy," she says.

Dr. Winter also works with patients dealing with transgender and transsexual issues and fetishes.

Whether treating concerns in or out of the bedroom, Dr. Winter assists with



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a broad range of problems including anxiety and depression, OCD, loss/grief counseling, anger management and post-traumatic stress disorder. She also has expertise in treating eating disorders, women's issues and sexual abuse.

"They are all connected, we take ourselves into the bedroom," she says.

Where traditional therapy has not worked, Dr. Winter offers a multitude of

services including EMDR and hypnosis for patients suffering from stress-related trauma.

Her passion for helping families become more effective has led Dr. Winter to assist families in transition through all stages of the dissolution of the marriage and the creation of a new and blended family. "Divorce Coaching" might include child and/or adult therapies, co-parent counseling, parenting coordination and establishing a new blended family.

Dr. Winter earned her Ph.D. in Clinical Psychology from Nova Southeastern University and completed her clinical internship at Case Western Reserve University School of Medicine in Cleveland, Ohio. She had postdoctoral training in psychoanalytic psychotherapy, hypnosis and EMDR and is a Diplomate and Clinical Supervisor in Clinical Sexology.

Dr. Barbara Winter is located at 2900 N. Military, Trail #165, Boca Raton. For more information, call **561-995-4004** or visit her blog, "Sex, Love & Light" at drbarbarawinter.com.